

# Are you or someone you know struggling with substance use?

*You don't have to go through it alone.*

## County Peer and Family Support

Services and meetings for those struggling with substance use and their friends and family

### Al-Anon

Support group for families and friends of those with an alcohol use disorder. Find a chapter near you.

[al-anon.org](http://al-anon.org) or [area61afg.org](http://area61afg.org)

Ph: 715-833-1878

### At the Roots

Peer run mental health and substance use recovery organization for individuals and families. Services include 1:1 meetings, group options, classes, and fun events to foster overall wellness, recovery and community.

[AtTheRootsllc.com](http://AtTheRootsllc.com)

Ph: 715-598-7020

### C.C. We Adapt

Peer support/mentorship for a variety of reasons. Mentors who have lived experience want to help lead participants to the healthy, happy, life that they deserve.

[www.ccweadapt.com](http://www.ccweadapt.com)

Ph: 715-456-0252

### Community Comprehensive Services

CCS is a voluntary program designed for Eau Claire County residents of all ages coping with a mental health and/or substance use condition.

<https://bit.ly/3DSqI82>

Ph: 715-839-7118

### Family Resource Center

Parenting resources and seminars, as well as events, group learning and sharing opportunities.

[www.frcec.org](http://www.frcec.org)

Ph: 715-833-1735

### L.E. Phillips Libertas Center

Free family and friends' educational group on substance use disorders.

[www.libertascenter.org](http://www.libertascenter.org)

Ph: 715-723-5585

### Nar-Anon

Support group for family and friends of those with a substance use disorder.

[naranonmidwest.org](http://naranonmidwest.org)

## Free Online Resources

Find local resources, treatment options, and online support.

### 211 Wisconsin

- Statewide resource for finding substance use treatment and recovery services. The helpline is free, confidential, and available 24/7.

[addictionhelpwi.org](http://addictionhelpwi.org) Ph: 211

### Alateen Online Meetings

- *Al-Anon Family Groups* app

[AlcoholicsAnonymous.com](http://AlcoholicsAnonymous.com)

### Nar-Anon

<https://www.naranonchat.com/>

### SAMHSA's Helpline

- Referral for treatment or support

Call 1-800-662-HELP

Text your zip code to 435748

### SMART Recovery Family & Friends

- Resources to help support someone struggling with addiction

[www.SmartRecovery.org/family/](http://www.SmartRecovery.org/family/)

### 988 Suicide and Crisis Line

Ph: 988

# County Mental Health and Support Services

There are many places to turn when you need support. Below is information for local mental health and support services. Cost of service may depend on your insurance.

## Caillier Clinic

[www.CaillierClinic.com](http://www.CaillierClinic.com)

Ph: 715-836-0064

## Children's WI - Community Services

[www.childrenswi.org](http://www.childrenswi.org)

Ph: 715-835-5915

## Chippewa Valley Free Clinic

[www.cvfreesclinic.org](http://www.cvfreesclinic.org)

Ph: 715-839-8477

## Clearwater Counseling & Personal Growth Center

[www.clearwatercounseling.com](http://www.clearwatercounseling.com)

Ph: 715-832-4060

## Collaborative Counseling - Eau Claire & Telehealth

[www.collaborativemn.com](http://www.collaborativemn.com)

763-210-9966

## Community Counseling Services - Chippewa Valley

[www.community-counseling-services.com](http://www.community-counseling-services.com)

Ph: 715-723-1221

## EC Area Hmong Mutual Assistance Association

[www.ecahmaa.org](http://www.ecahmaa.org)

Ph: 715-832-8420

## EC Co. DHS Behavioral Health Clinic

Ph: 715-839-2300

## EC Co. DHS Community Support Program

Ph: 715-839-2300

## Family Therapy Associates

[www.ftacounseling.com](http://www.ftacounseling.com)

Ph: 715-246-4840

## The Healing Place

<http://bit.ly/3h06kZv>

Ph: 715-717-6028

## L.E. Phillips Libertas Center

[www.libertascenter.org](http://www.libertascenter.org)

Ph: 715-723-5585

## Lutheran Social Services - Eau Claire

[www.lsswis.org](http://www.lsswis.org)

Ph: 877-967-5577

## Marriage and Family Health Services

[www.marriageandfamilyhealthservices.com](http://www.marriageandfamilyhealthservices.com)

715-832-0238

## National Alliance on Mental Illness - Chippewa Valley

[www.namicv.org](http://www.namicv.org)

Ph: 715-450-6484

## Northwest Connections

Crisis Line: 888-552-6642

## River City Counseling

Ph: 714-514-0455

## Vantage Point Clinic & Assessment Center

[www.vantagepointclinic.com](http://www.vantagepointclinic.com)

Ph: 715-832-5454

## Wellness Shack

[www.wellnessshack.org](http://www.wellnessshack.org)

Ph: 715-836-7710

## Western Region Recovery and Wellness Consortium

<http://bit.ly/3zEks1f>

Ph: 715-726-7788

## 988 Suicide and Crisis Line

Ph: 988

## Tobacco resources

### Wisconsin Tobacco Quitline

[quitline.wisc.edu](http://quitline.wisc.edu) Ph: 800-QUIT-NOW

Text "READY" to 200-400

### Smokefree Teen

[teen.smokefree.gov](http://teen.smokefree.gov)

*If you don't know where to seek support,  
talk to a trusted adult or call 211.*

For a full list of services, please visit the Eau Claire County Fact Sheets and Resources tab at

[GetInvolvedASAP.org](http://GetInvolvedASAP.org)

or scan the QR code below



SCAN ME!

**Alliance**  
[www.getinvolvedASAP.org](http://www.getinvolvedASAP.org)